## First Class Requirement 2a

Help plan a menu for the upcoming campout that includes at least one breakfast, one lunch, and one dinner, and that requires cooking at least two of the meals. Tell how the menu includes the foods from MyPlate or the current USDA nutritional model and how it meets nutritional needs for the planned activity or campout.

Breakfast:	
Lunch:	
200.00.00	
Dinner:	
Dilliel.	